

Main Language of Instruction:

French ☒ English ☐ Arabic ☐

Campus Where the Program Is Offered: CSH & CFDSS

OBJECTIVES

Offered jointly by the School of Social Work (ESTS) and the Center for Professional Mediation (CPM) at USJ, this diploma trains professionals in family conflict mediation when communication has broken down, especially in the following situations:

- Marital conflict, separation, and divorce
- Separation or divorce in situations involving domestic or family violence
- Child and adolescent protection concerns
- Intergenerational and inheritance-related disputes

PROGRAM LEARNING OUTCOMES (COMPETENCIES)

Graduates of the program will be able to:

- Create a supportive and neutral space conducive to mediation, based on listening, communication, and respect for the parties' consent.
- Assess and analyze marital or family conflict situations by identifying their nature, cycle, and evolution.
- Conduct mediation processes while respecting individuals' rights and maintaining an ethical professional stance.
- Enhance the capacity of individuals involved in marital or family conflicts to regain their ability to manage and resolve their disputes through the restoration of constructive communication.
- Deal with complex marital and family conflict situations with the aim of maintaining or strengthening family relationships.

ADMISSION REQUIREMENTS

- Bachelor's degree (BA/BS or equivalent).
- Applicants must demonstrate a minimum of three years of relevant professional experience.
- Admission based on application review and an individual interview.

Target audience: social workers, professional mediators, psychologists, legal professionals, healthcare professionals, and individuals with experience working with couples and families in conflict situations, etc.

PROGRAM REQUIREMENTS

20 Credits: Required Courses (20 credits)

Required Courses (20 Cr.)

Human Sciences Contributions to Mediation (3 Cr.), Fundamentals of Mediation (2 Cr.), Family Mediation (4 Cr.), Legal and Legislative Framework of Family Mediation in Lebanon (2 Cr.), Couple and Family Mediation and High-Conflict Management (3 Cr.), Internship and Final Project (6 Cr.).



COURSE DESCRIPTION

015MFPEP1	Human Sciences Contributions to Mediation	3 Cr.
This course equips family mediators with theoretical knowledge and practical tools to better understand the functioning and dynamics of family systems within conflictual contexts. It also develops competencies in interpersonal communication, emotional regulation, and relational dynamics in support of mediation practice. <u>Part I</u> Couple and family functioning from a systemic perspective /marital conflict / separation and divorce <u>Part II</u> Psychological approaches to communication: Neuro-Linguistic Programming (NLP) and Transactional Analysis		
015MFAMP1	Fundamentals of Mediation	2 Cr.
This course introduces mediation as a conflict resolution model within the framework of Alternative Dispute Resolution (ADR). It explores the principles, methodologies, tools, and techniques underlying mediation practice, while emphasizing the importance of maintaining an ethical, impartial, and reflective professional posture throughout the mediation process.		
015FMEDP1	Family Mediation	4 Cr.
This course presents family mediation as an intervention model suited to conflict and/or divorce situations. It highlights the experiences and challenges associated with the transition phase related to separation or divorce. It also explores the specificities of family mediation in contexts involving violence that may accompany high-conflict marital situations and provides screening tools for domestic violence to ensure the protection of vulnerable individuals, particularly children.		
015MFALP2	Legal and Legislative Framework of Family Mediation in Lebanon	2 Cr.
This course examines the specificities of the Lebanese legal and legislative framework governing the practice of family mediation, with particular attention to the institutional, judicial, and socio-legal contexts within which mediation processes are conducted. <u>Part I</u> Family law in its complexity, particularly personal status laws governed by the different religious communities in Lebanon. Legal and financial dimensions related to divorce and separation, including custody, alimony, and property division. <u>Part II</u> Lebanese law related to the protection of women and children. Laws governing situations of violence against women and children. Standard Operating Procedures (SOPs) for protection in cases of violence and abuse.		
015MCTRP2	Couple and Family Mediation and High-Conflict Management	3 Cr.
This course presents couple mediation as a contemporary approach within family mediation for couples experiencing communication difficulties or facing difficult decision-making processes. It also introduces the narrative and transformative models of family mediation as spaces for learning constructive communication, as well as knowledge and understanding of high-conflict situations and their implications for family mediation.		
015STMMP2	Internship and Final Project	6 Cr.
- Family Mediation Internship: This course allows students to integrate the knowledge and competencies acquired during the training into real and concrete institutional contexts under the supervision of both a field instructor and a co-mediator coach. The internship credit corresponds to 15 hours of student workload per credit. - Final Report: A descriptive and reflective analytical report concludes the training program and constitutes a requirement for obtaining the diploma.		